

Start now to live in a positive and peaceful way!  
Give yourself the gift of relaxation with yoga!

## GEMSTONE HEALING YOGA

Starts March 8, 2010  
(no class april 5)  
10 week series



Yoga by Kim  
8737 Ridge Rd.  
North Royalton, OH 44133  
440-877-0002

[www.yogabykim.com](http://www.yogabykim.com)

class times  
Monday 9-10:30am  
Monday 7-8:30pm

Your investment  
\$10 a class if you pay for the month  
\$12 a class if you pay as you go  
\$100 pay for the whole series and receive a free crystal book!

[Crystal Therapy: How to Heal and Empower Your Life with Crystal Energy](#)  
by [Doreen Virtue](#); [Judith Lukomski](#)



The healing qualities of gemstones has been an area of interest for thousands of years in the alternative healing arts community.

Join me in this 10 week series while we explore a gemstones and the yoga poses that go along with these healing stones.

Each yoga class will be focused on one stone which you will receive as my gift.

No previous experience is necessary to give yourself this gift and start the year in a positive and peaceful way!

